



A one-day CPD workshop for leaders with an interest in developing their skills in order to enhance their personal performance and that of their teams

Leadership is the essence of high performance teams. '*Better Leadership*' is an interactive one day programme facilitated by a proven high performance leader and leadership trainer, Tim Cain MBE. (more at <u>http://www.timcainleadership.co.uk/about-tim-cain/</u>). The training aims to enhance delegates personal leadership. This conversation based programme will cover key aspects of leadership as follows:

Key Learning Points.

What is Leadership? Delegates will discuss what better leadership looks like in the context of their own workplace.

What does Leadership do? Delegates will analyse the influence of better leadership behaviours in enhancing personal and team performance.

Vision, Support, Challenge. Delegates will be introduced to a model for performance through a values based leadership approach to leading people.

Coach or Lead? Delegates will explore the relationship between leadership and coaching to understand how leaders coach.

Human Factors. How does the human brain influence our actions and impact upon our decision making processes?

Who should attend. The workshop is ideal for people who have leadership responsibilities for teams, at any level. This training equates to six hours of continued professional development.

Book Now - £100 including light refreshments and lunch

To book your place contact Tim Cain at: <u>http://www.timcainleadership.co.uk/contact-us/</u>

or call on 07713740578.

Tim Cain