

# Better Leadership

A one-day  
education programme

18 January 2018

Venue: Swaledale Mountain Rescue Base  
Catterick Garrison  
North Yorkshire

Delivered by Tim Cain MBE MPhil FInstLM

**A one-day CPD workshop for leaders with an interest in developing their skills in order to enhance their personal performance and that of their teams**

Leadership is the essence of high performance teams. '**Better Leadership**' is an interactive one day programme facilitated by a proven high performance leader and leadership trainer, Tim Cain MBE. (more at <http://www.timcainleadership.co.uk/about-tim-cain/>). The training aims to enhance delegates personal leadership. This conversation based programme will cover key aspects of leadership as follows:

## **Key Learning Points.**

**What is Leadership?** Delegates will discuss what better leadership looks like in the context of their own workplace.

**What does Leadership do?** Delegates will analyse the influence of better leadership behaviours in enhancing personal and team performance.

**Vision, Support, Challenge.** Delegates will be introduced to a model for performance through a values based leadership approach to leading people.

**Coach or Lead?** Delegates will explore the relationship between leadership and coaching to understand how leaders coach.

**Human Factors.** How does the human brain influence our actions and impact upon our decision making processes?

**Who should attend.** The workshop is ideal for people who have leadership responsibilities for teams, at any level. This training equates to six hours of continued professional development.

**Book Now - £100 including light refreshments and lunch**

To book your place contact Tim Cain at: <http://www.timcainleadership.co.uk/contact-us/>

or call on 07713740578.